



**Kenpo Karate of Kendall  
Teaching  
Tracy's System of Kenpo**



# ***Karate***

**For  
Kids & Adults**

## **Martial Arts Have Been Proven To Improve:**

- Discipline
- Self-Esteem
- Self-Control
- Stress Management
- Respect
- Flexibility
- Self-Confidence
- Initiative
- Leadership
- Integrity
- Endurance
- Tact

**And Much More!!!**

**We offer a one week FREE TRIAL**

## **Miami-Dade County Employees & Their Families Train for Less!**

- **4 – One Hour Group Classes per Week**
- **1- Thirty Minute Private Class per Week**
- **No Contract Required In Order To Train.**

**\$60 Per Month for Dade-County Employees  
\$30 Per Month for Additional Family Member**

It is this unique concept of personalized, private instruction that has set us apart from all other schools of self-defense. By working one on one with your personal instructor, you are able to achieve a greater degree of proficiency. Most importantly, private instruction means that anyone can learn to defend themselves regardless of age, athletic experience or learning ability.



**Kenpo Karate of Kendall  
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